

## Lone Worker Safety & Risk Assessment

### Duration:

One day

### Objective

It will always be necessary for some people to work alone without any direct supervision. Employers have the responsibility of conducting a risk assessment on the risks of lone workers, but employees also have a responsibility to take reasonable care of themselves and others who may be affected by their work.

This lone working health and safety course will help you identify your legal obligations and to identify control measures that minimise risks.

### Contents

Organisational responsibilities under Health and Safety legislation and the Corporate Manslaughter and Homicide Act

Why does Lone Working increase risks

Practical tools for risk assessment throughout the working day

Measures you can you take to keep safe

Practical strategies for travelling out and about

Tracing systems and how to monitor the lone worker for his or her benefit

Raising personal awareness of the causes of aggression and body language to spot when situations or people are potentially a threat to your safety

Coping with verbally aggressive incidents and defusing situations before they get out of control

Designing effective procedures and working practices - what measures can you take to help keep staff safe

Personal Strategies - what individuals can do to remain safe

Using dynamic risk assessments and personal awareness to spot when situations or people are potentially a threat to your safety

### Who should attend

This course is ideally suited for anyone that works alone or is responsible for the health and safety of lone workers either in the workplace or out in their work environment.

### Course benefits

### Additional information

### Certificates

All delegates who successfully complete this course will receive a Certificate of Attendance.

### Trainers background

The trainer for this course has extensive experience in design and delivery of health & safety training programmes. They are qualified by NEBOSH (National Examination Board for Occupational Safety & Health) and hold Chartered Member status of IOSH (Institute of Occupational Safety & Health) and is a member of the Chartered Management Institute and the International Institute of Risk and Safety Management and the Association for Project Safety.