

Managing Teams

Duration:

One day

Objective

This course is designed to demonstrate to new and established teams how they can work together in a more confident, relaxed and constructive manner. Delegates will be shown how they can best appreciate the other team members and coach them to utilise and develop the skills they have for the greater benefit of everyone involved.

Contents

This course will provide delegates with structured training on:

Learning to recognise effective teams

Understanding what makes an effective strong team

Exploring the dynamics and characteristics of successful and un-successful teams

Identifying non-team players and help them join your team

Self-improvement

The course also includes;

Group discussions

Exercises and games to establish existing skills

Areas for development

Who should attend

Directors, managers, team leaders, supervisors and anyone else interested in better understanding the complex nature of how effective and successful teams work together.

Course benefits

Understand the role of team leaders and the behaviours necessary to encourage empowerment and instil belief

Gain experience in problem solving and making decisions

Improve team-work and relationships with other members of the team

Explore the methods available for reviewing and measuring team performance

Develop personal coaching skills

Understand group dynamics

Additional information

Delegates will be invited to discuss how to appreciate the benefits of an effective team; discover what their Team Role is; how to give and receive constructive criticism; how to remain an individual and contribute constructively to the project.

Certificates

All delegates who successfully complete this course will receive a certificate of attendance.

Trainers background

The trainer for this course has extensive experience in design and delivery of team building programmes. They have been successfully delivering training to both public and private sector organisations for over ten years and previously held a number of senior management positions in industry.