

## Working at Height Regulations

### Duration:

Half day

### Objective

This half-day programme provides delegates with advice and guidance regarding the selection, use, and maintenance of specific plant or equipment used in activities involving work at height.

### Contents

Legislation overview

The Health and Safety at Work etc Act 1974

The Management of Health & Safety at Work Regulations 1999

The Provision and Use of Work Equipment Regulations 1998

The Lifting Operations and Lifting Equipment Regulations 1998

The Construction (Design & Management) Regulations

Fall accident statistics

Planning and organising working at height

Selection of Equipment

Collective protection

Working platforms & scaffolding requirements

Ladders

Personal fall protection

### Who should attend

This course is suitable for individuals who have managerial or supervisory responsibility for others involved in working at heights. It is also applicable for others involved in planning and organising this work, including Safety Professionals and Safety Representatives.

### Course benefits

This is a comprehensive course which explains the requirements of the Regulations and describes different options to achieve a safe system of work.

### Additional information

The Work at Height Regulations 2005 take effect from the 6th April 2005. The regulations apply to all work at height where there is a risk of a fall liable to cause personal injury. They place duties on employers, the self-employed, and any person that controls the work of others, to the extent of their control (for example facilities managers or building owners who may contract others to work at height). (They do not apply to the provision of instruction or leadership in caving or climbing by way of sport, recreation, team building or similar activities.)

### Certificates

All delegates who successfully complete this course will receive a certificate of attendance.

### Trainers background

The trainer for this course has extensive experience in design and delivery of health & safety training programmes. They are qualified by NEBOSH (National Examination Board for Occupational Safety & Health) and are an Associate member of IOSH (Institute of Occupational Safety & Health) He is also a member of the Chartered Management Institute and the International Institute of Risk and Safety Management together with the Association for Project Safety.